

Salud SOL!

HCHS/SOL Newsletter



Volume 12, Number 1 Hispanic Community Health Study / Study of Latinos (HCHS/SOL)

We are excited to share some important updates regarding the Hispanic Community Health Study/Study of Latinos (HCHS/SOL)

What type of study is HCHS/SOL?

We would like to take this opportunity to remind everyone about what it means to participate in a long term (*longitudinal*) study.

- As it is known in the scientific community, a longitudinal study is a form of research that involves studying the same group of people over an extended period of time.
- The Hispanic Community Health Study/Study of Latinos (HCHS/SOL) is focusing on observing the changes in the health of the United States Hispanic/Latino community over time.
- As a participant of HCHS/SOL, you are a part of the 16,000 individuals recruited throughout four sites around the country (Bronx, New York; Chicago, Illinois, Miami, Florida; and San Diego, California). With your support, we hope that this study will continue for many years to come!

The results from this study will not only help understand and improve the health of Hispanics/Latinos, but can also lead to improvements in the health and quality of life of the entire US population.

We would like to begin by extending our sincerest appreciation for your contribution to the study.

Did you know?

- It has been over **10 years** since the HCHS/SOL began!
- The second visit was successfully conducted from 2014 to 2017.
- Your contribution to these study visits allows us to understand more about Hispanic/Latino health and important issues in the community.

Did you hear the important?

- **The HCHS/SOL study continues!**
- We have received funding for a third in person examination, which is expected to take place between December 2019 and November 2022.
- You will be invited to participate based on the date of your first visit with the HCHS/SOL.
- In the upcoming months, please be on the lookout for reminders in the mail, by phone, or by email.

Other news from the HCHS/SOL:

There are currently **[two/three]** **[field center specific information]** ongoing SOL ancillary studies, **SOL INCA MRI**, **COMPASS**, and **SOL FLOR**. We are inviting a group of eligible HCHS/SOL participants by phone who may qualify for these and other future studies.

- **SOL INCA MRI** is a study that aims to understand how the brain might differ for people as they get older or have memory loss.
- **COMPASS** is a study that is looking into how sedentary behavior and low levels of physical activity relates to an increased risk of diabetes. This study is being conducted at the HCHS/SOL field centers in Bronx, Chicago and Miami.
- **SOL FLOR** is a mother/child study that aims to learn about possible causes of early childhood obesity.

As always, we thank you for your time and participation in our study. We look forward to seeing you very soon!

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