



ALDRETE SCORE FORM

ID NUMBER:									
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FORM CODE: ALD
VERSION: 2.0 01/06/2020

Event: _____

0a) Date of Collection: / /

0b) Staff Code:

Instructions: This form should be completed twice, both pre- and post-bronchoscopy, and will be used to determine the participant's Aldrete score. An Aldrete score of ≥ 9 is required for discharge.

0c) Time of Collection : AM₁ / PM₂

0d) When was this form collected?

- Pre-bronchoscopy procedure₁
 Post-bronchoscopy / Pre-discharge₂

1) Choose the answer that best describes the participant's current activity level:

- Moves all extremities voluntarily/on command₂
 Moves 2 extremities₁
 Cannot move extremities₀

2) Choose the answer that best describes the participant's current respiration:

- Breathes deeply and coughs freely₂
 Is dyspneic, with shallow, limited breathing₁
 Is apneic₀

3) Choose the answer that best describes the participant's current circulation (blood pressure):

- Is $\pm 20\%$ > pre-anesthetic level₂
 Is $\pm 20-49\%$ > pre-anesthetic level₁
 Is $\pm 50\%$ > pre-anesthetic level₀

4) Choose the answer that best describes the participant's current consciousness:

- Is fully awake₂
 Is arousable on calling₁
 Is not responding₀

5) Choose the answer that best describes the participant's current oxygen saturation as determined by pulse oximetry:

Aldrete, JA (February 1995). "The post-anesthesia recovery score revisited". *Journal of Clinical Anesthesia*. 7 (1): 89–91. [doi:10.1016/0952-8180\(94\)00001-k](https://doi.org/10.1016/0952-8180(94)00001-k). PMID 7772368.

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Event: _____

- Has SpO₂ level > 92% when breathing room air₂
- Requires supplemental oxygen to maintain SpO₂ level > 90%₁
- Has SpO₂ level < 90% despite having oxygen supplementation₀

6) TOTAL SCORE (calculated field)

END OF FORM

Aldrete, JA (February 1995). "The post-anesthesia recovery score revisited". *Journal of Clinical Anesthesia*. 7 (1): 89–91. [doi:10.1016/0952-8180\(94\)00001-k](https://doi.org/10.1016/0952-8180(94)00001-k). [PMID 7772368](https://pubmed.ncbi.nlm.nih.gov/7772368/).