I'm now going to ask you a few questions about your coughing, sputum production, and chest discomfort.

[Do not read] Cough Episodes: Frequency

1) How frequently are you coughing today?
   - None: unaware of coughing
   - Rare: cough now and then
   - Occasional: less than hourly
   - Frequent: one or more times an hour
   - Almost constant: never free of cough or feeling free of the need to cough

2) How frequently were you coughing last night?
   - None: unaware of coughing
   - Rare: cough in the morning, but I don’t waken from sleep
   - Occasional: wake a few times but I fall back asleep right away
   - Frequent: waken many times through the night with fits of coughing
   - Almost constant: up all night with coughing

[Do not read] Cough Episodes: Severity on Arising and Throughout the Day

3) How severe were your coughing episodes on a typical day during the past week?
   - None: unaware of coughing
   - Mild: did not interfere with usual morning or daily activity
   - Moderate: must stop activity during coughing episode
   - Marked: must stop activity during and for a brief period after coughing episode
   - Severe: stops all activity for some time and is exhausting; can be accompanied by dizziness, headache or pain

Rubin BK, Ramirez O, & Ohar JA. Iodinated glycerol has no effect on sputum properties, pulmonary function, or symptom score in patients with stable chronic bronchitis. *Chest* 1996; 109; 348-352
Questionnaire for Ease of Cough and Sputum Clearance, MCQ

Rubin BK, Ramirez O, & Ohar JA. Iodinated glycerol has no effect on sputum properties, pulmonary function, or symptom score in patients with stable chronic bronchitis. *Chest* 1996; 109; 348-352

[Do not read] Ease of Bringing Up Sputum During the Day

4) How easy is it to cough up sputum when you cough today?
   - None: unaware of coughing at all
   - Easy: sputum comes up without difficulty after only one or two coughs
   - Somewhat difficult: most of the sputum comes up but only after several hard coughs
   - Very difficult: some sputum comes up after hard coughing but there is the feeling that most is still sticking down there
   - Impossible: there is sputum down there but no matter how hard the coughing nothing comes up

[Do not read] Chest Discomfort: Tightness and/or Congestion on Arising and Throughout the Day

5) How much chest tightness or discomfort do you have today?
   - None: unaware of any discomfort
   - Mild: noticeable now-and-then but is not bothersome and passes quickly; does not limit activity
   - Moderate: noticeable during light activity such as walking one block or up one flight of stairs
   - Marked: noticeable while washing or dressing in the morning
   - Severe: almost constant and limits all activity; present even while resting